

# HAJJ The journey of a lifetime



#### What will you need?

These are some of the items you should be thinking of...

- ✓ Clothes / Ihram
- ✓ Sleeping bag, travel blanket & pillow, waist pouch, rucksack
- ✓ Toiletries (scissors, nail cutter, razor, Vaseline, safety pins etc.)
- ✓ Medication Energy/Glucose tablets, Dioralyte or similar rehydrating medicine
- ✓ Water bottle/bladder (keep yourself hydrated)
- ✓ Pocket Quran, dua books, prayer mat, tasbeeh
- ✓ Power bank

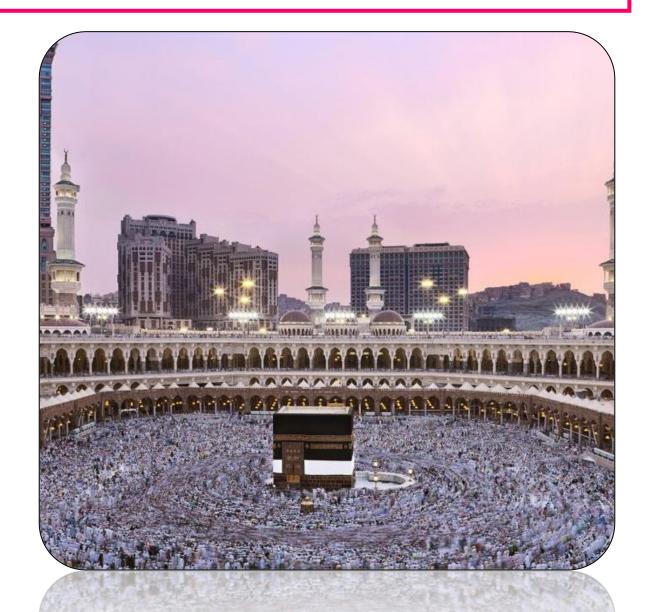
Travel as <u>light</u> as possible – you will see the benefits in this throughout your journey. Remember, this is a spiritual journey of the highest degree and not a holiday.

#### What will you need?



## The days of Hajj: Commencing Hajj

- Take a bath or make whudu
- After Fajr put on your Ihram. All the conditions under Ihram will now apply.
- Make niyyah for Hajj in the following words (verbally/in the heart)
  - 'Oh Allah I intend to perform Hajj, accept it from me and make it easy for me'



## Day One - 8<sup>th</sup> Dhul-Hijjah (day at Mina):

- Leave for Mina immediately, or at least before Dhuhr prayer
- In Mina read Dhuhr, Asar, Maghrib, Isha & the following day's Fajr
- Spend the day & night in ibadah, utilise your time in the remembrance of Allah



#### Arrive in Mina...



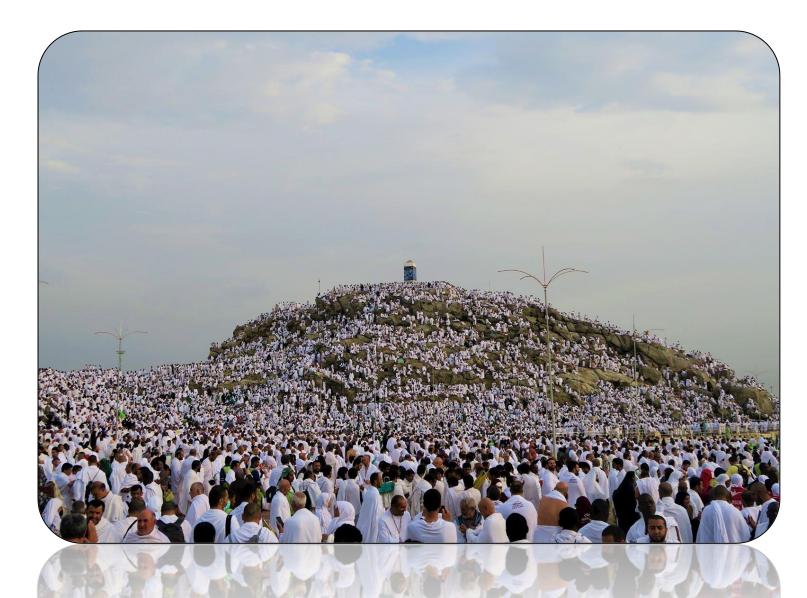
#### Arrive in Mina...



#### Day Two - 9<sup>th</sup> Dhul-Hijjah : The day of Arafat

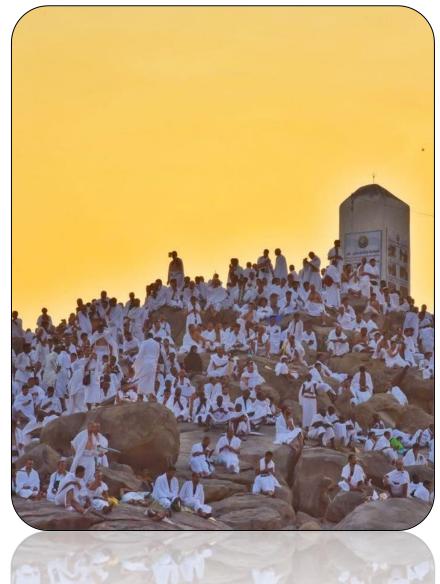
Spending time in Arafat is COMPULSORY for your Hajj to be accepted.

The Prophet (pbuh) said, 'Hajj is Arafat.' It is on this day that Islam was completed and Allah revealed the verse; "...today I have chosen Islam as your religion and completed my favor upon you, and accepted Islam as a religion for you".



# Day Two - 9<sup>th</sup> Dhul-Hijjah : The day of Arafat

- After Fajr leave for Arafat, it is wise to reach before zawaal (midday)
- Answer the call of nature, perform whudu and other necessities
- Offer Dhuhr in Dhuhr time and Asar in Asar time, if you are not praying in Masjid-e-Namirah
- Stay in ibaadah throughout and make plenty of dua, this day is priceless and a day of duas
- Be sure to take breaks, stay hydrated and avoid unnecessary exposure
- As the Sun sets in, stand facing the qiblah offering duas preferably the last 30-45 minutes before sunset
- Let the time of maghrib set in, but do NOT offer
  Maghrib prayer here wait until you are in Muzdalifah



## In Arafat...



#### Day/Night Two - 9<sup>th</sup> Dhul Hijjah : Muzdalifah

- To stay in Muzadalifah is WAAJIB
- Proceed to Muzadalifah after sunset in Arafat
- Offer Maghrib & Isha together at the time of Isha

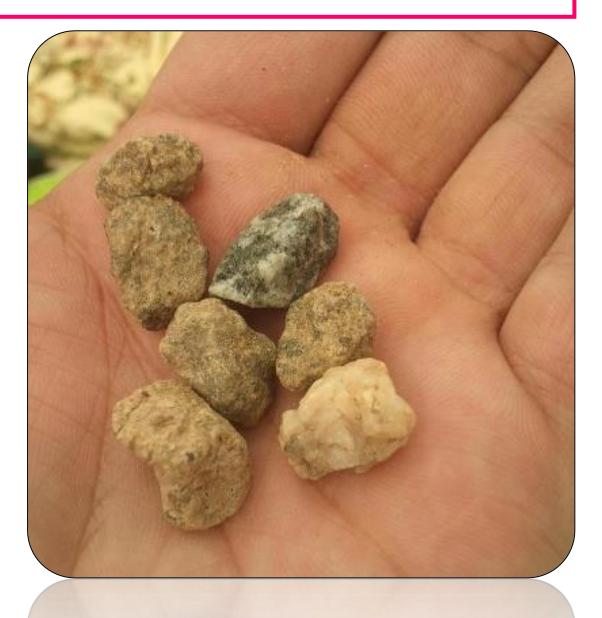
Sequence of prayer in Muzdalifah

Adhaan i lqaamah Maghrib Iqamah Sunnats of Sunnats of Isha Maghrib



#### Day/Night Two - 9<sup>th</sup> Dhul Hijjah : Muzdalifah

- Collect 70 (small) pebbles (in a bag/pouch) at Muzadalifah
- Spend the entire night in worship

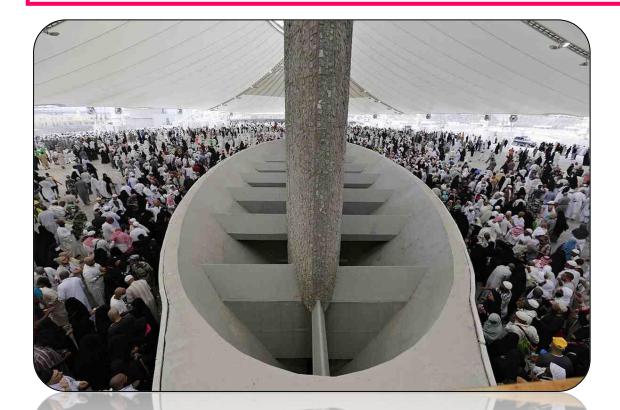


- Offer Fajr prayer and engage in worship in the period before sunrise
- It is WAAJIB to stay in Muzadalifah from the period of the beginning of Fajr to slightly before sunrise
- Now proceed towards Mina just before sunrise

#### Pelting the Jamaraat – Action One

- Remember that during the pelting safety is of the utmost importance due to the sheer volume of people
- There is no harm in pelting the jamaraat at night as the numbers will have decreased





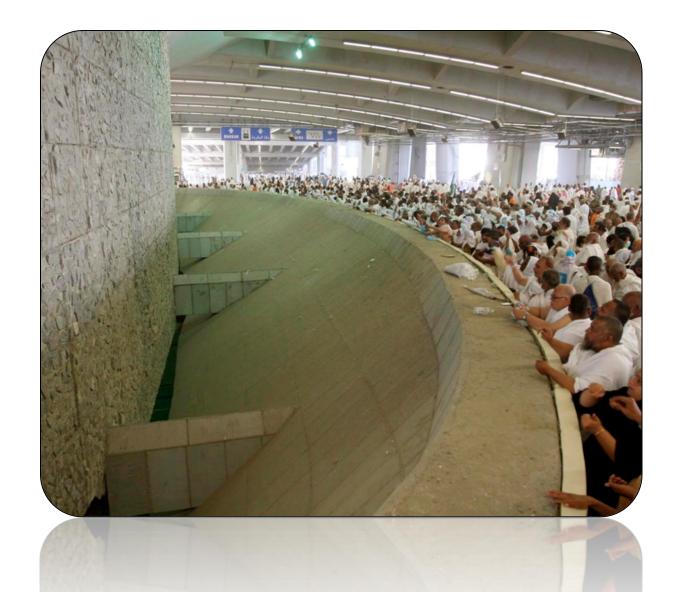
There is no need to try and hit the pillar/wall with force

The boundary has been made very large so there is lots of room to throw your stones

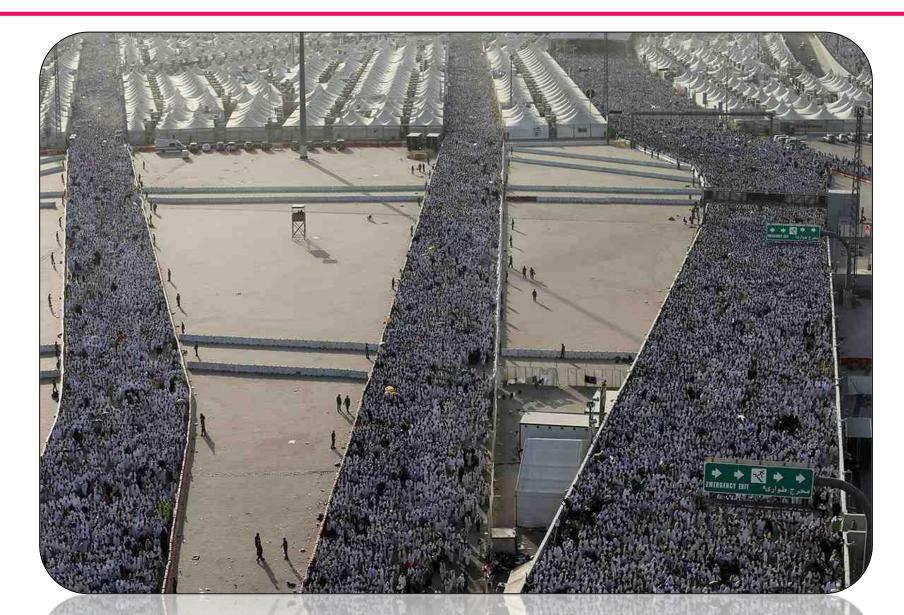


#### Method of pelting

- Approach the big jamaraat
- Stop reading the Talbiyah at this point
- Read 'Bismillahi-Allahu-Akbar' and at the same time throw seven pebbles at the big jamaraat <u>only</u>
- It does not need to strike the pillar, as long as it falls within the perimeter, it will suffice



#### Method of pelting



#### <u>Qurbani of Animal – Action Two</u>

- Sacrifice an animal this is WAAJIB for those performing Hajj-e- Qiran or Tamattu
- Offer the sacrifice within the boundaries of the Haram
- Whilst offering the sacrifice commemorate the practice of Prophet Ibrahim (A.S) who was prepared to sacrifice his son for Allah



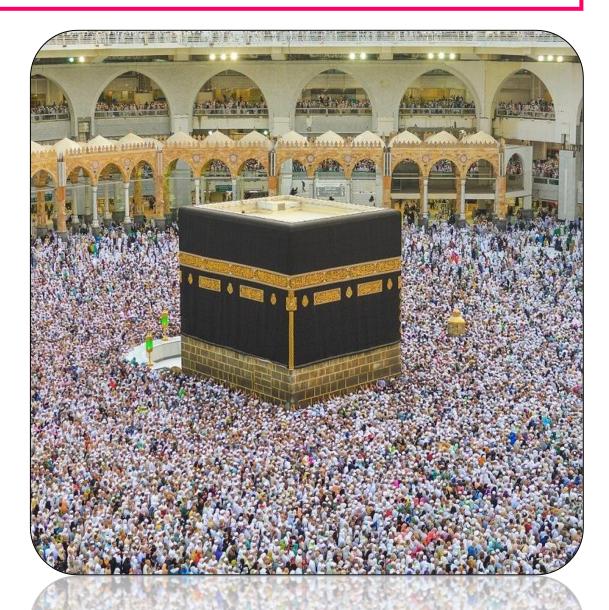
Trim/shave your hair - Action Three

- You will now trim/shave the hair
- Even if you do not have any hair on your head, simply pass the razor over ones head
- You are now out of the state of Ihraam, all the restrictions of Ihraam are lifted <u>except</u> relations with ones spouse.



#### Tawaf-e-Ziyaarat – Action Four

- Go to Makkah (Haram Sharif) and perform Tawaaf-e-Ziyarah and Sa'ee of Safaa / Marwah
- This can be performed on 10<sup>th,</sup> 11<sup>th</sup> or 12<sup>th</sup> of Dhul-Hijjah
- You MUST perform this tawaaf prior to your departure, otherwise you will NOT be lawful for your wife/husband!
- Thereafter return to Mina if you have performed this tawaaf on the 10<sup>th</sup>



## Day Four - 11<sup>th</sup> of Dhul-Hijjah (Day at Mina)

- Pelt ALL three jamaraat after zawaal, starting from the smallest working your way up.
- This should be done after midday at Dhur time.
- Perform du'a after the first AND second jamaraat (you only perform du'a after a jamaraat, if it is followed by another jamaraat)
- Spend the remaining day at Mina in worship.
- If you are unsure that it has landed in the boundary then repeat.

SmallMediumLarge(7 pebbles)(7 pebbles)(7 pebbles)Total = 28 pebbles (7 from the previous pelting)

#### Day Five : 12<sup>th</sup> of Dhul-Hijjah Day at Mina

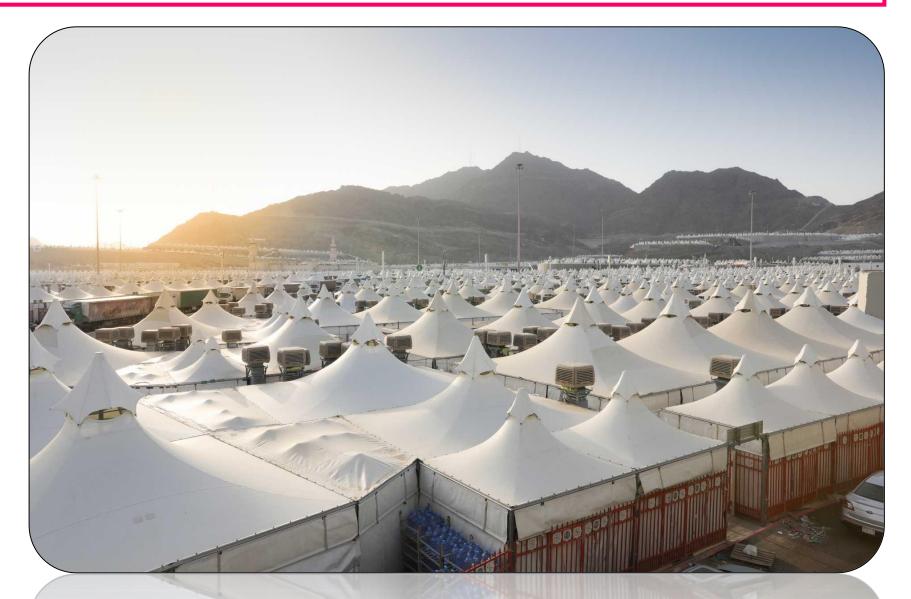
• Pelt all three jamaraat starting from the smallest after midday

SmallMediumLarge(7 pebbles)(7 pebbles)(7 pebbles)Total = 49 pebbles (28 + 21)

- Stand aside and do dua after first and second jamaraat
- Bear in mind that there will be a great rush as everyone will be wanting to finish by sunset
- If you have not pelted the jamaraat before sunset, spend the 12<sup>th</sup> at Mina
- Spend the remaining day in worship
- You may return to Makkah on this day <u>after</u> the pelting. This is ONLY if you are out of Mina BEFORE sunset. Otherwise, you will have to remain in Mina

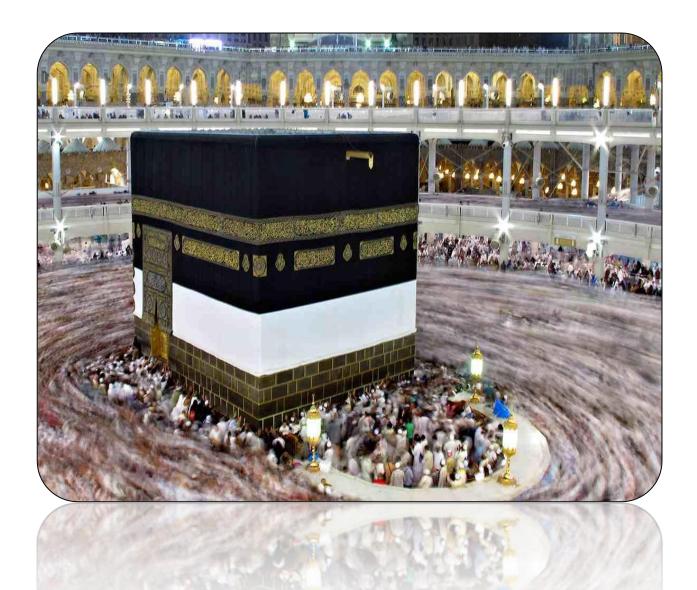
#### Day six: 13<sup>th</sup> Dhul-Hijjah (Optional Day at Mina)

- If you are still in Mina, pelt all three jamaraat (as in the previous days) and return back to Makkah.
- This will be 70 pebbles in total.



#### Tawaaf-e-widaa' (Farewell Tawaaf)

- Before you depart, perform Tawaaf-e-Widaa, the 'farewell tawaaf'. It is WAAJIB for those living outside Makkah.
- There is no Ihram needed
- There is no sa'ee after this tawaaf
- Express sadness at your departure
- If a woman has started her menstruation, she does not need to do tawaf-e-widaa'



#### The end of Hajj!!!

Your Hajj is now complete, Alhamdulillah! **Remember this Hajj should** last you a lifetime. Keep up those good habits and make the most of your journey. Who knows whether you will ever get the opportunity again!

